

Welcome to Titus Regional Medical Center (“TRMC”)!

Thank you for considering TRMC to continue your journey in medicine. OUR team is committed to your growth, development, and sense of accomplishment. We believe OUR community is a wonderful place to live and contribute to a mission of improving the health of Northeast Texas.

TRMC is a RURAL hospital located sixty (60) miles from the Oklahoma, Arkansas, and Louisiana state lines on I-30 in Texas. The health system is a hospital district located in Titus county serving Titus, Red River, Morris, Camp and Franklin counties (approximately 81,000 people). As a result of TRMC’s outcomes during our five surges in the COVID pandemic (highest covid positive in Northeast Texas with the lowest mortality rate among these thirty-five (35) counties), our catchment has grown to almost 100,000 including the west portions of Bowie and Cass counties.

TRMC’s mission is to lead the transformation for healthier tomorrows in OUR communities. Our vision is to be the catalyst in rural America, transcending barriers to health through a culture of excellence and compassion. Our values comprise Transformation, Inclusion, Trust, Unity and Safety (TITUS).

TRMC’s growth and development strategy is focused on the expansion of primary care and specialty medical services across an 8-county region and inclusive of defined integrated clinical service lines. TRMC relies on our independence, location, and community health initiatives to improve health outcomes in OUR community (affordably through partnerships and collaborations).

Clinical Service Line Priorities: Primary care, cardiovascular, oncology, orthopedic and sports medicine, neurology, pain management, women’s and children’s, digestive disease, urology, stroke care, emergency and trauma, rehabilitation, comprehensive eye care, and concierge care.

TRMC’s census averages around 50 patients a day with 22,000 Emergency Department encounters and delivering 900+ babies each year. Our health system includes a robust Outpatient Surgery department, Cath Lab, Advanced Imaging Modalities, Cancer Center, and a Women’s Breast Center. TRMC Medical Staff has approximately 100+ Active members (both employed and independent).

Our health system is very active at the regional, state and national level. TRMC’s independence allows us to participate in many conversations across the health care industry and influence trends for rural communities in America. Our strategy will allow you to participate in Service Line discussions during your training and “sit at the table” with Administration to guide the future of health care in this community.

Thank you for viewing our Information Packet and considering TRMC for your future!

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TRMC

TITUS REGIONAL MEDICAL CENTER

MOUNT PLEASANT, TEXAS



COMMUNITY

Recognized *For* EXCELLENCE!



UROLOGY

- Robotics
- Urolift
- Blue Light Laser
- Erectile Dysfunction
- Holmium Laser/Lithotripsy
- 2 AHPs in Practice



Lance Walsh, MD, PhD Urologist

"Mount Pleasant is a great choice because it is a faith based community which accepts people of all faiths. TRMC and administration reflect the values of the community and we are a team here to serve the community."



Saud Khan, MD Neurologist

"I love Mt. Pleasant for its support of a diverse culture. I have enjoyed leading this talented team in building an award winning stroke program that is saving lives in Northeast Texas."

- Primary Stroke Center
- Get With The Guidelines Gold Plus Stroke since 2018
- Relationship with UTSW for Neurointervention
- Advanced Imaging Technologies (3T MRI)
- Artificial Intelligence technology for large vessel occlusion strokes
- Target Stroke Honor Role Elite Plus awarded, boasting some of the fastest TPA times in the nation
- Dr. Khan holds 6 board certifications, including Neuro Imaging
- 2 AHPs in Practice

NEUROLOGY

CARDIOLOGY

- Full Diagnostic Capability
- Cardiac Cath Lab
- Primary Heart Attack Center
- Relationship with Christus for EP and CV Surgery
- Both Dr. Milan Sekulic and Dr. Stephen Sigal have multiple board certifications



Stephen Sigal, MD Interventional Cardiologist

"After training at Yale Medical School, I am proud to maintain a strong community focus and be engaged in research. At Titus, I was able to work with the team to develop the cath lab and lead several related certifications, as well as being recognized in the Super Doctors Hall of Fame. In my spare time, I enjoy raising Kiko goats and warmblood horses."



SURGERY

- Robotics
- GI
- Thyroid
- Skin Lesions
- Foregut
- 3 Physicians (2-DO, 1-MD) practice as Surgery Associates at Titus



James D. Bové, DO General Surgeon

"I am a surgeon first but a passionate hunter and competition long range shooter. I am the owner of East Texas Precision - a gunsmithing and custom rifle business. East Texas is a perfect place for me to call home, both to practice and to enjoy a lifestyle that I love."



OBSTETRICS

Christopher Mason, MD Obstetrician

"An advantage to rural healthcare is that you live and work alongside your patients. Even going to the store you see patients that stop and thank you for their care. I am now delivering babies for the babies I delivered 15-20 years ago. In larger cities you may not keep the same patients and may never see them outside of visits."

- Over 950 Births Each Year
- Over 65,000 Pediatric Visits Each Year
- Level II NICU
- Recognized as a Money Magazine - Top 100 Hospitals for Maternity Care
- 4 Independent Physicians and one Midwife on Medical Staff
- 5 Independent Pediatricians and multiple AHPs on Medical Staff



PEDIATRICS

- Mako Robot
 - Sports Medicine
- Experts and support
our local academic sports



- Total Joint Program
- 3 Physicians, and 1 AHP in practice
- Dr. David Hester, Board Certified and Fellowship Trained in Foot and Ankle
- Dr. Michael Pappas, Board Certified in general orthopedics
- Dr. Geoff Kraemer, Surgical Podiatrist

ORTHOPEDICS

EMERGENCY / TRAUMA

EMERGENCY DEPARTMENT

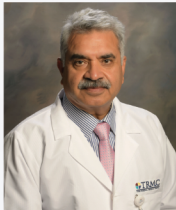
- 6 Physicians and 4 AHPs
- Ed Kinports, MD – Board Certified Trauma Surgeon
- Over 20,000 Visits Each Year
- Level IV Trauma Center



EMS SERVICES

- Health System Owned EMS
- EMS Provider of the Year – 2022
- Interventions in the field include Lucas Device, Stroke, Sepsis, Stemi, Trauma, and Video-Laryngoscopes
- 6 Units serving Titus County and back up to 5 surrounding counties
- Door to Balloon times of less than 20 minutes

ONCOLOGY



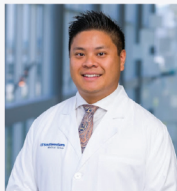
Dr. Barjinder Singh
Medical Oncologist

- Health Hero of The Year – Waycross, GA
- Member of the American Society of Clinical Oncology



Dr. Rosa Cuenca
Surgical Oncologist

- Trained at Roswell Park
- Strong Educator
- Yarn Artist and supporter of the many local fine arts opportunities



Dr. Dat Vo
Radiation Oncologist

- UTSW Trained
- Avid Golfer
- Focused on Research



Dr. Gordon Downie
Interventional Pulmonologist

- Involved in Pulmonary and Technology Research
- Working to develop a Lung Nodule Clinic at TRMC
- Olympic Medalist in Swimming



William Hooks, MD

"Mt. Pleasant is home. I was born and raised here. After serving my country and completing training through the US Navy, I returned to practice among people I love. Here I get to serve my community not only through the practice of medicine, but also in my local church through music with my family. I am proud to be a part of Mt. Pleasant and TRMC."

- 3 MDs, 6 CRNAs and 1 Anesthesia Assistant
- Specializes in Regional, Obstetric, and General Anesthesia

ANESTHESIA

PRIMARY CARE

- 8 Physicians and 8 AHPs in Practice
- 5 Locations, 3 in Mt. Pleasant, 1 in Daingerfield and 1 in Mt. Vernon
- Loan Forgiveness Programs
- Rural Health Clinic



Anna Hollingsworth, MD

"I am a lifelong Girl Scout/Silver Award winner, and played softball at a D2 NCAA College before earning my MPH/MD from Texas Tech. Being a part of the East Texas Community is a great way to practice medicine and make a difference in the health of our community."



Healthier **Tomorrows**
Start ***HERE!***



Scan for More Information on Titus Regional
and the Northeast Texas area!

TITUS REGIONAL MEDICAL CENTER

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